Teachers Corner

THE BENEFITS OF SCHOOL SPORT

Regular participation in physical activity is associated with a range of physical and mental health benefits both in childhood and adulthood. Active children become healthy adults and schools play a key role in contributing to that outcome.

Sport is a compulsory and valued part of the school's curriculum and is an integral part of a child's development. It requires physical involvement in organised games or activities within an accepted set of rules.

All sorts of sports

Sports programs include inter and intra-school competitive sport, outdoor recreational or adventure sports, fitness, sport development and physical recreation activities. The range of activities is immense, from the traditional and popular sports such as cricket, rugby league, netball, softball and swimming, to the newer favourites such as canoeing, ropes courses, martial arts and trampolining.

School sport provides a vehicle for learning a number of skills - physical, emotional and moral - and is an important expression of our culture. In school sport our prime concern is to give all students the opportunity for participation, enjoyment and skills development.

Students are encouraged to participate in a way that suits their interests and abilities. During school sport students will develop a variety of skills that will equip them for lifelong participation in regular sport and recreation activities.

Playing safe

Physical activity in the school setting takes place in a variety of contexts from formal inter and intra-school competitions to physical education, recreation, general leisure and fitness activities, and the safety of students is a priority for all staff.

The types and rates of injury vary markedly between sports. Injury prevention measures are based on the nature of the activity or sport, its players or participants and the external environment, and play a significant role in reducing injuries.

Children are required to wear protective equipment, which may range from helmets, eyewear and mouthguards to shin padding and gloves. In sports such as cricket and softball, the use of protective equipment is part of the culture and well accepted, in other sports, the use of protective equipment is increasingly being adopted.

Playing at state and national levels

Students have opportunities to participate at school, zone, area, state and national levels in 18 sports at the primary school level.

Kirsty-Lee Curtis
Teacher

Students, Teachers and the Community United in Quality Learning
MORISSET PRIMARY SCHOOL
Invites you to our

**Easter Hat Parade!**

**WHEN:** Thursday 28th March
**TIME:** 1.30pm
**WHERE:** The big cola (unless it’s raining)
**WHO:** All students are encouraged to participate by making an Easter Hat **at home** and wearing their hat in the Easter Parade at school.

Parents are invited to come and watch

**PRIZES:** There will be four prizes awarded in each class for -

1. The tallest hat
2. The most colourful hat
3. The most creative hat
4. The best hat

The prizes will be judged by cabinet ministers and a member of staff.

Regards
Angus Nichols, Prime Minister
Brad Wrench, Minister of Events and Recreation

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**SCHOOL BANKING**

School Banking is up and running, students wishing to deposit their hard earned savings please drop off your bank book to the school office.

Students who do not have a bank book you may drop into the Commonwealth Bank with your birth certificate and set up an account.

Regards Donna Coulter

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**STEWART HOUSE DONATION DRIVE 2013**

Envelopes have been sent home today for donations to Stewart House.

If you donate $2 you go in the draw to win a $4000 holiday.

Please return to office as soon as possible.

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**CANTEEN NEWS**

Canteen will be open for breakfast and lunch on Mondays and Wednesdays, recess needs to be ordered in the morning for these days.

Open Fridays for breakfast, lunch and recess.

Thank you. Lisa

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**LOST PROPERTY**

If your child has lost a hat or any clothing please check our lost property box in the front foyer.

Please clearly label any new items with your child's name so if it is misplaced it can be easily returned to the student.

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**SPARE CLOTHES**

If anyone has any spare socks, underwear, black shorts or track pants in small sizes that your child has outgrown that you could donate to the school it would be very much appreciated.
Term 1 Week 7

KB Student of the Week:
- Lily Sain
- Merit Award
- Noah Charles
- Matteus Wenning

KG Student of the Week:
- Isabella Harrison
- Merit Award
- Shannon Bushby
- Jhett Hill

1K Student of the Week:
- William Dalgleish
- Merit Award
- Joshua Ridley
- Jimmy Edwards

1/2J Student of the Week:
- Tamika Nicholson
- Merit Award
- Grace Penman
- Nickolas Vider

2B Student of the Week:
- Ashlea Porch
- Merit Award
- Claire Camilleri
- Darcy Deaves

2/3N Student of the Week:
- Abbey Whittaker
- Merit Award
- Connor Greatrex
- Kaide Meyn

3/4W Student of the Week:
- Alanna Collin
- Merit Award
- Ella Murray
- Rebecca Foreman

4/5L Student of the Week:
- Sam Penman
- Merit Award
- Ben Coleman
- David Coleman

5/6G Student of the Week:
- Macenzie Coulter
- Merit Award
- Abbey Bennett
- Natalie Kelly

5/6K Student of the Week:
- Brad Wrench
- Merit Award
- Merkesha Whitmore
- Liam McBride

Confidence: Archer Sonter, Callum Churchill
Persistence: Tamika Nicholson
Getting Along: Kira Dicandilo, Aaron Bennett, Ashlea Porch

Bronze Reading Awards

HUNTER SPORTS HIGH SCHOOL
APPLICATION FORMS YEAR 7 2014

Application forms for Hunter Sports High School 2014, Year 7 intake are now available from the school office.


Information also available from the Hunter Sports High School website: www.huntersports.com.au or Ph: 4943 5755 (Director of Sport - Mr James Pascoe).
Our school is currently the collection point for old mobile phones for a fundraiser for Team Lake Macquarie athletes to compete in the *International Children's Games* to be held in Canada this year.

This is a good chance to get rid of those old mobiles that have been hanging around the house. These items should never be thrown in the bin as there are toxic parts in them which shouldn’t go into our landfill.

All the old phones are broken down and recycled.

Thanks for supporting our young athletes.

GO AUSTRALIA!

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The school is holding its annual Hot Cross Bun Fundraiser. The buns are baked by Brumby's and will be the same price as if purchased over the counter at Brumby’s. The school profits 50% of what is ordered. That is a very generous profit thanks to Brumby’s.

Extra forms are available at the office.

Did you know that there are No Numbers, No Additives and No Worries in Brumby’s Pure Bake range.

Enjoy your delicious buns!

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2013-14 ENTERTAINMENT BOOK
Morisset Public School will be selling the Entertainment Books again this year. More offers than ever, the books still sell for $60.00 and are packed with offers which remain valid until 1st June 2014.

PRE-ORDER AN ENTERTAINMENT BOOK FROM US TODAY TO RECEIVE OVER $180 IN ADDITIONAL OFFERS!
You can purchase on-line through our website or with cash from the office.

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SCHOOL CROSS COUNTRY/FUN RUN
FRIDAY 22nd MARCH
K - 6 at school

This year the school’s cross country carnival will be combined with a fun-run fundraiser. There is no obligation on children to participate in the fund-raising, however students will still need to participate in the cross country as part of their normal school activities.

Seniors - 8 years - 13 years will run 1.30pm - 2.30pm

Juniors - 5 / 6 / 7 year olds will run 2.30pm –3pm

Helen Waldon
Teacher/Librarian
**P & C NEWS**

**Easter Raffle Tickets** need to be handed into the office by **9am Wednesday 27th March**. The winners will be announced in the Newsletter that day. All prizes can be collected after the Easter Hat Parade on Thursday 28th March.

**Up coming events to put on the Calender**

**Athletics Carnival on Friday 5th April.** If you can volunteer any time during the day in the canteen or on the BBQ (or volunteer your husband if he loves to BBQ), it would be greatly appreciated.

**Mothers Day Stall on Thursday 9th May.** That is only 1½ weeks after we get back in term 2. Notes will go out first thing back to school with the details for students who wish to purchase gifts.

Have a great week
- Rebecca Harridge
- P&C President

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**COMMUNITY NEWS**

**BAY TENNIS ACADEMY BONNELLS BAY** - Group tennis lessons at Bay Hotel courts Tuesday afternoons and Saturday mornings by qualified coach Bill Griffiths. All standards catered for, beginners welcome. Junior competition Tuesday afternoons and 'hot shots' half hour lesson for 4-6 year olds. Info and bookings Ph: Bill 0402 274 646.

**PLAY GIRLS ONLY UNDER 6 SMALL SIDED FOOTBALL** - For girls turning 5 or 6 yrs old this year, make up a team of girls only or come by yourself and join a team. All entry level (under 6’s & 7’s) receive a free ball and shin pads. Contact: Macquarie Football Ph: 4953 0800 or www.macquariefootball.com.au

**MORISSET STREET BEAT FESTIVAL 2013 POSTPONED** - Due to other competing events the Morisset Street Beat Festival has been postponed from Sunday 17th March to **SUNDAY 8TH SEPTEMBER 2013**.

**JAMS AND PRESERVES FOR SALE** - 278-280 Main Road Fennell Bay, Wednesdays and Fridays 12 noon - 5pm. For all enquiries regarding jams, relishes, chutneys, pickles and more call 0414 216 030 or email mumsiana@gmail.com. Products DO NOT contain artificial food colourings. Proceeds to help support the Southlakes Refuge.

**STUDENT EXCHANGE AUSTRALIA NEW ZEALAND** - Host families needed in June/July 2013. Info call 1300 135 331 or www.studentexchange.org.au

**SCHOOL HOLIDAY NETBALL DEVELOPMENT CLINIC** - The Hunter Academy of Sport, Hunter sports High School and Pivot Netball Academy are hosting a School Holiday Development Program for junior netballers during the April School Holidays. For children turning 9-12 in 2013. For further info email: jula@pivotnetball.com.au or visit the website: www.pivotnetball.com.au

**OODLES OF FUN AT YOUR LOCAL LIBRARY THIS COMING SCHOOL HOLIDAYS** - Mask Making (design and decorate your own mask) Monday 22nd April 10am-11am Cost $5 Ages: 5-12 years at Morisset Library. Bookings essential 4945 2452. There are lots of other fun activities on offer for kids around the lake so visit www.lakemac.com.au for a full list of Autumn Holiday Activities.

**SOUTHERN CROSS CULTURAL EXCHANGE PROGRAM** - If you would be interested in hosting an International Student from France, Germany, Italy, Austria, Japan, the USA or Canada in July for 5 or 10 months contact Dianne: 0429 406 126 for more information. Students have their own spending money and comprehensive insurance cover.
MUSIC NEWS

The Newcastle Youth Orchestra presents their launch concert KIDS CLASSICS at the Civic Theatre on Sunday the 7th of April at 2pm.

This concert explores the amazing power of storytelling with children’s classics such as: The Nutcracker Suite, Hall of the Mountain King, William Tell Overture and more! This will be the first concert by the Newcastle Youth Orchestra, an orchestra composed of talented young musicians between 14 and 25 years from the Newcastle region. Please come and help us celebrate this wonderful event.

With magical special guests, this is a fantastic way to introduce your children to classical music. For more information visit the Youth Orchestra website: www.nyo.com.au

Tickets are available from Ticketek:  Adults $29, Concession $25, Child (under 16) $19 and Family Ticket $76 (2 adults and 2 children) or call 4929 1977

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Morisset High School Corner

Week 7 Term 1 2013

Hello everyone, I hope that this newsletter finds you all well and getting ready for Easter. Last week my captains and Prefect Coordinator Miss Veitch attended Eraring Public Schools leader induction and they had a great experience. Thank you to Eraring Public School and Ms Guy for the invitation. Last week our Local Management Group P&C met for the second time, this time at Bonnells Bay Primary School. This is a great forum for parents from all of our schools to meet and discuss issues pertinent to the students of our schools and I thank the parents who attended. I am looking forward to our next meeting, next term, at Morisset Public School and engaging with our community about our schools. On Friday of this week Morisset High School is taking part in the National Day of Action Against Bullying and Violence coordinated by our SRC. We will be raising money for Kids Helpline through a BBQ and cake stall as well as performing a set debate amongst the debating team about anti-social behaviour. This is a great cause and I am so happy that our school is being involved first hand.

Take care and have a great week!

Week 8 Term 1 2013

Hello everyone, Easter is nearly upon us, hasn't the term flown!! Last Friday Morisset High School took part in the National Day of Action against Bullying with students presenting on assembly as well as raising money for Kids Help Line. This was a great effort by Miss Harding and her SRC team. Last week our HSIE Faculty took two year groups of student to the Lake Macquarie Art Gallery to view an exhibition of Aboriginal Artwork. We are so lucky to have such an important resource so close to our school and on a train line. In sport last week our school was successful in defeating Lake Macquarie High School in Open Boys Football 4-3 and our Open Boys Touch team defeated Swansea High School 7-0. Intense Music tuition began last week for guitar, drums and keyboards with students getting one on one tuition for the instrument of their choice. All three of Morisset High School's STARSTRUCK audition groups have been selected to perform at STARSTRUCK this year, an amazing effort by Miss Ford, Mrs Bryde and all of their dancers. Finally, we have recently announced our Year Advisor for 2013, Mrs Kerr. She will be going out to all of our primary schools in the coming week with Mr Bennett and beginning our transition program for our incoming year 7 students for next year.

Take care

Mark Snedden
Principal Morisset High School
BOYS ZONE RUGBY LEAGUE TRIALS
Angus Nichols, Tom Edwards, Byron Meyn and Coby Sharp all tried out for the zone team. Congratulations to Coby who moved onto the next stage.
Serving Regional Australia

Visit the Mobile Office to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

MORISSET

Morisset Multi Purpose Centre, 143 Dora Street

Monday, 25 March 2013

10:00 am to 2:00 pm

The Community Centre Caring for Local Children for 30 years

- Not for Profit, Community based Early Childhood Education and Care Centre
- We are open 7.30am-5.30pm Monday–Friday and care for children 05 years
- Highly qualified, long term, experienced and dedicated professionals who are responsive and embrace each child’s learning based on the Early Years Learning Framework curriculum
- Our home like environment with small group sizes and high quality practices allow each child to receive individual attention and build caring relationships
- Ring, email or drop in any time for a personal tour

Morisset & District Children’s Centre

134 Bridge Street Morisset (opposite the high school)

P: 49733244 E: tots1@optusnet.com.au
These advertisers support us, please support them:

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- Safe Play and Learning Purpose Built Environment
- Triple P Music Program - Involving Music in All Aspects of Children’s Learning
- Last minute from the nursery door close to Morisset Mega Markets

Ph: 4973 6854
Call Now to ensure the educational future of your child
48 Gateway Boulevard, Morisset, NSW 2264

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For every home loan that Mortgage Choice in Morisset settles and this ad is mentioned, we will donate $50 to your school. Talk to us today and help raise funds for your school.

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BONNELLS BAY PUBLIC SCHOOL
THURSDAY: 3:30pm - 4:30pm
Ph: 4392 3625
Complimentary trial lesson upon presenting this coupon!

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